

**FOR IMMEDIATE RELEASE**

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## **New Year's Resolution 2015: Study Smarter.**

### **Build the Strategy to Boost your Grades.**

**December 30, 2014** – Many students revise last year in these days and think what to do better next year. Usually, those are some specific tasks. “I will do my homework on time.” “I will spend more time studying.” “I will pay more attention in class.” Typically, such resolutions blow up in one or two months. But what about decision to form study strategy that will lead to better grades at the end of this school year? Such study plan with smart goals and clear way to it will stay on paper (or at a computer), so much probably it will be fulfilled.

It is sad fact that **suicide is the second leading cause of death among college students** in the U.S.A. Six percent of undergraduate students and 4% of graduate students in the U.S.A. seriously considered committing suicide. And 48% of undergraduate students and 38% of graduate students thought about dying in the last 12 months. **Pressure in school is one of the main factors** contributing to such thinking. (Drum et al. 2009, Suicide.org) How many students will commit suicide in the year 2015 because of big pressure from their schools? How many students will not foster their creativity and abilities because of routine boring tasks they will have to do instead of that?

*“I know what does it mean when your child is thinking about committing suicide as the solution of demanding study results.”* It said the founder of the project “School Can Be Fun” Vit Skala, Ph.D., the project that **helps students to be less stressed at school**. Realistic description of the **most liked job** and setting goals leading to the fulfilment of this dream is the first part of study strategy that will strengthen students in their challenging time. You will realize after that it is enough you will **focus only on several courses**, and you do not have to be stressed by all assignments rolling on you. To recognize your prevailing learning style and **adopting appropriate study habits** are next steps.

There are many good resources on Internet, which may help in this process. Under **one roof tool** is online course “[Improve Your Study Skills in Two Hours - Ace Exams](#)” leading students through this process in 38 lessons with **amusing animations**. As a New Year gift “School Can Be Fun” project released **simple 7 steps form** for fast creation of individual study strategy. You can download it [here](#) free.

So build your study strategy, study smarter and **rejoice in summer** that you already **fulfilled your resolution** for the year 2015!

## FOR MORE INFORMATION PLEASE CONTACT:

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## ABOUT THE „SCHOOL CAN BE FUN“ PROJECT:

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The project "School Can Be Fun" was launched in September 2014 with the goal to improve life of 50.000 students. It is only slight part of those who are not satisfied how they meet demands of people around and their expectations.

Proven **techniques and tips** for excellent study skills are provided by different channels to goal group. Students who involve in any of provided activities will find the **study method** the best for them, will get **motivation and focus** to their next study.

Project comprises five communication channels at this time:

- Web page: [www.schoolcanbefun.org](http://www.schoolcanbefun.org)
- Facebook page: <https://www.facebook.com/studyeffectively>,
- Twitter account: <https://twitter.com/SchoolCanBeFun>,
- YouTube channel: <https://www.youtube.com/channel/UCekweYg4xlcFXXzl8rfsbpw>,
- Comprehensive online course on Udemy platform: "[Improve Your Study Skills in Two Hours - Ace Exams](#)".

The project is **self-financed** with first investment made by the project founder. Income is coming from the online course so as the number of involved students will grow, the other project activities will grow as well.

## ABOUT VIT SKALA:

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Vit Skala is a facilitator, trainer, educator and father. He worked as consultant and manager for different kinds of organizations, but he is a freelancer by his nature.

He has **two master's degree** from different universities; he is a **Ph.D. in Public and Social Policy** with a special focus on social capital and communities. He has **Certificate in Education** and **Certificate in Coaching**.

He also has **two children** (boy 19 and girl 16), and both of them are **excellent students now**. But it was not always such...